

the
CLEANING
&
DECLUTTERING
PLANNER

|

a planner for:

ZONES

Below create cleaning zones - area's that you will clean at the same time.
For instance, kitchen and dining room.

ZONE 1	ZONE 2
ZONE 3	ZONE 4
ZONE 5	ZONE 6
ZONE 7	ZONE 8

DECLUTTERING GOALS

DECLUTTERING GOAL:



DEADLINE

WHY IS THIS DECLUTTERING PROCESS IMPORTANT TO YOU?

DECLUTTERING GOAL BROKEN DOWN
INTO ACTIONABLE STEPS

01

02

03

MAINTENANCE

FIX

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-
-

REPLACE

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-
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-
-

SELL

-
-
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-
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-
-
-
-
-

NOTES

CLEANING SCHEDULE



BEDROOMS

MONDAY	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>

EVERYDAY

<input type="checkbox"/> M	<input type="checkbox"/> T	<input type="checkbox"/> W	<input type="checkbox"/> T	<input type="checkbox"/> F	<input type="checkbox"/> S	<input type="checkbox"/> S
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<input type="checkbox"/> M	<input type="checkbox"/> T	<input type="checkbox"/> W	<input type="checkbox"/> T	<input type="checkbox"/> F	<input type="checkbox"/> S	<input type="checkbox"/> S
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BATHROOMS

TUESDAY	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>

<input type="checkbox"/> M	<input type="checkbox"/> T	<input type="checkbox"/> W	<input type="checkbox"/> T	<input type="checkbox"/> F	<input type="checkbox"/> S	<input type="checkbox"/> S
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<input type="checkbox"/> M	<input type="checkbox"/> T	<input type="checkbox"/> W	<input type="checkbox"/> T	<input type="checkbox"/> F	<input type="checkbox"/> S	<input type="checkbox"/> S
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KITCHEN

WEDNESDAY	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>



EXTRAS

WEEKEND	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>



LIVING ROOM

THURSDAY	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>



MONTHLY

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>



OUTSIDE

FRIDAY	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>

DECLUTTERING CHALLENGE

CLOTHES

LINEN &
TOWELS

KITCHEN
CUPBOARDS

KITCHEN
DRAWERS

BATHROOMS

PAPERWORK

CORDS &
CABLES

STATIONERY

TOYS

COMPUTER
FILES

EMAIL INBOX

BEDROOMS

GARAGE

OUTSIDE

PET ITEMS

PHOTOS

ORNAMENTS

OLD PANTRY
ITEMS

OLD FREEZER
ITEMS

GAMES /
HOBBY ITEMS

MONTHLY OVERVIEW

MONTH:

S	M	T	W	T	F	S

MONTHLY GOALS

- _____
- _____
- _____
- _____
- _____
- _____

MAIN TASKS

- _____
- _____
- _____
- _____
- _____
- _____