

My Bullet



Journal

Bullet Journal

TO DO LIST



NOTES

GOALS

TASK

PLAN FOR THE DAY

Priorities



TODAY'S MOOD



MEAL TRACKER

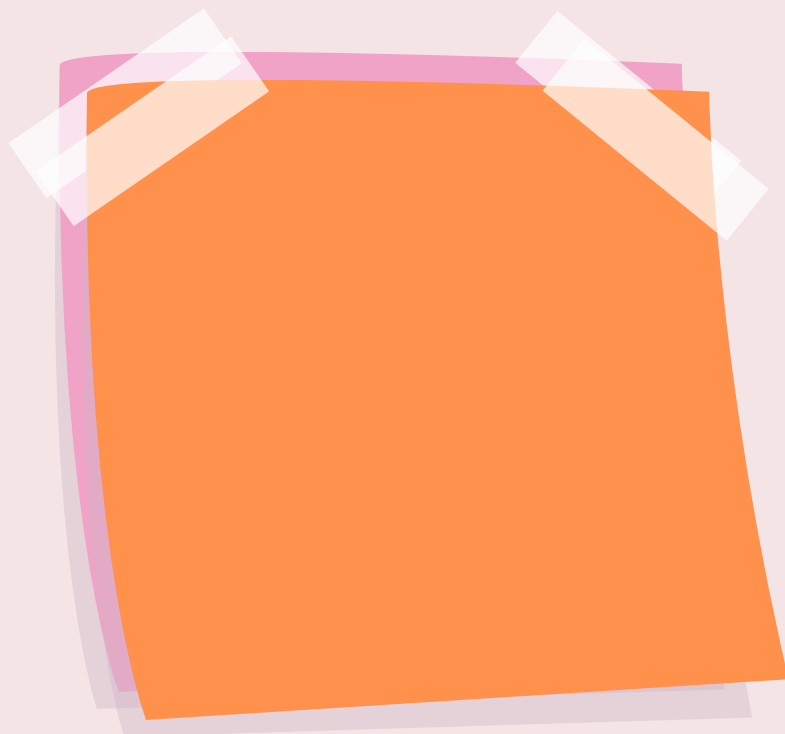
BREAKFAST

LUNCH

DINNER

Bullet Journal

☐	
☐	
☐	
☐	



NOTES

MY BULLET JOURNAL



Name:

Notes



THINGS TO DO

GOALS

GOALS

[illegible]

TASK

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

GOALS

◆

◆

◆

◆

◆

◆

NOTES

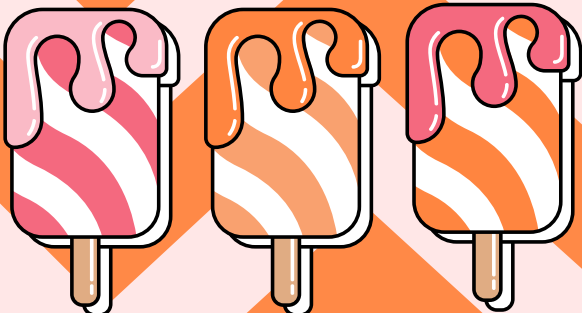
◆

◆

◆

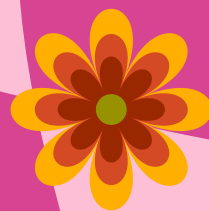
◆

◆





Journal



Journal page with ten horizontal dashed lines for writing.





NOTES



AFFIRMATIONS

REMINDERS



Monday

Tuesday

WEEKLY
PLANNER

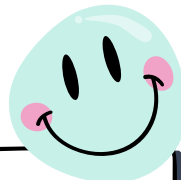
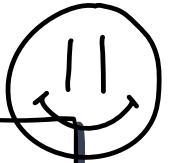


NOTES

Wednesday



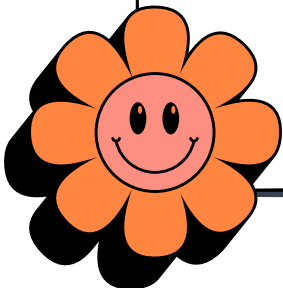
Thursday

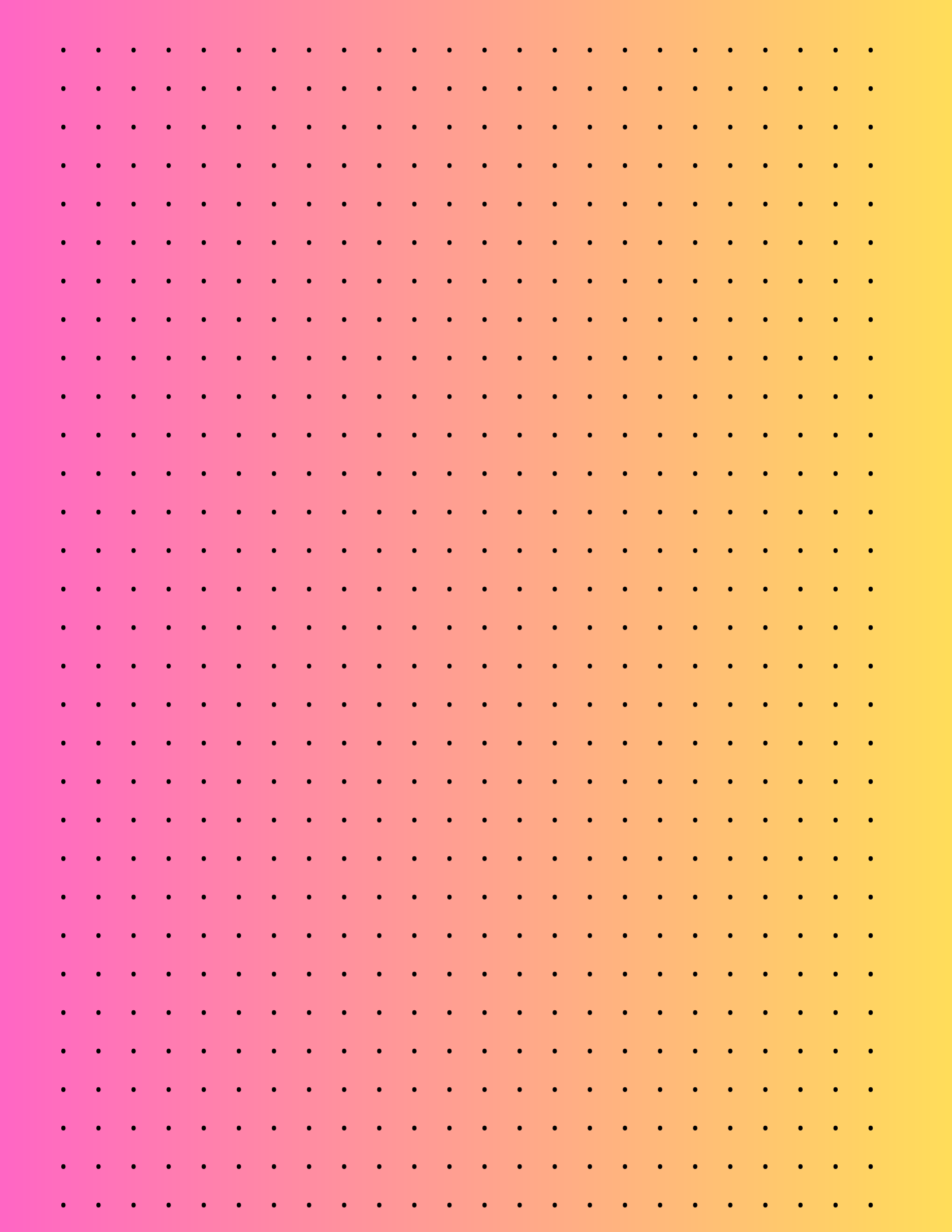


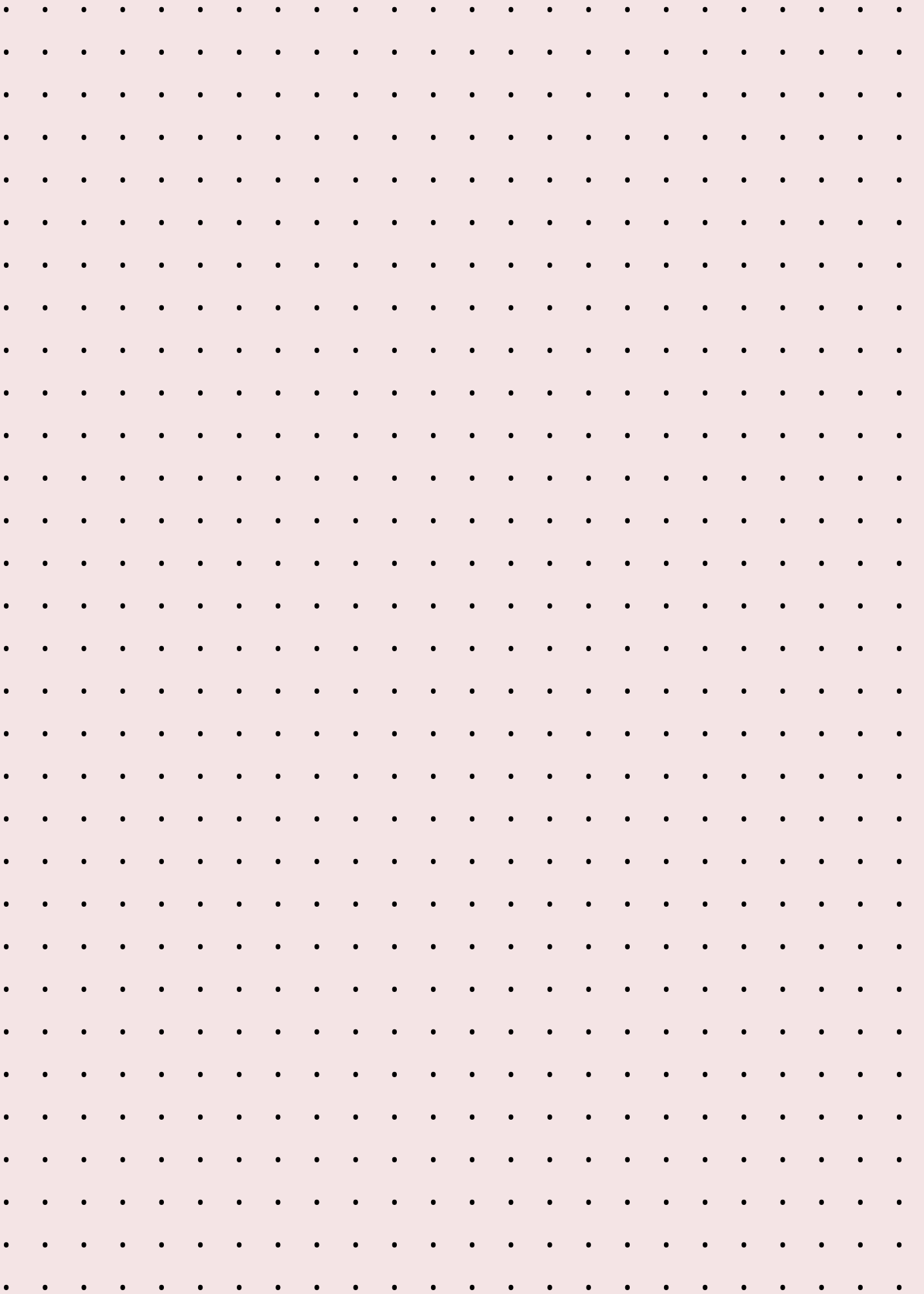
Friday

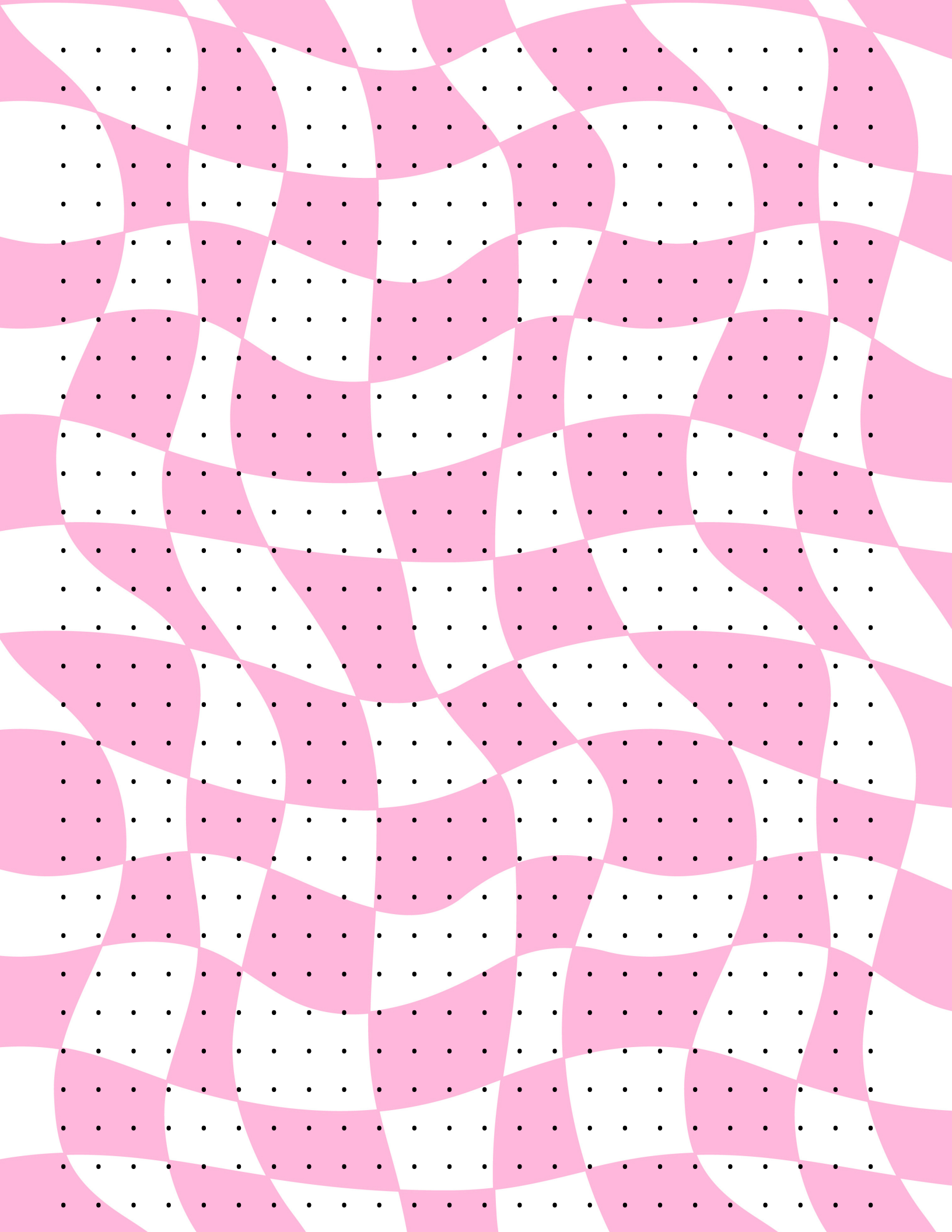
Saturday

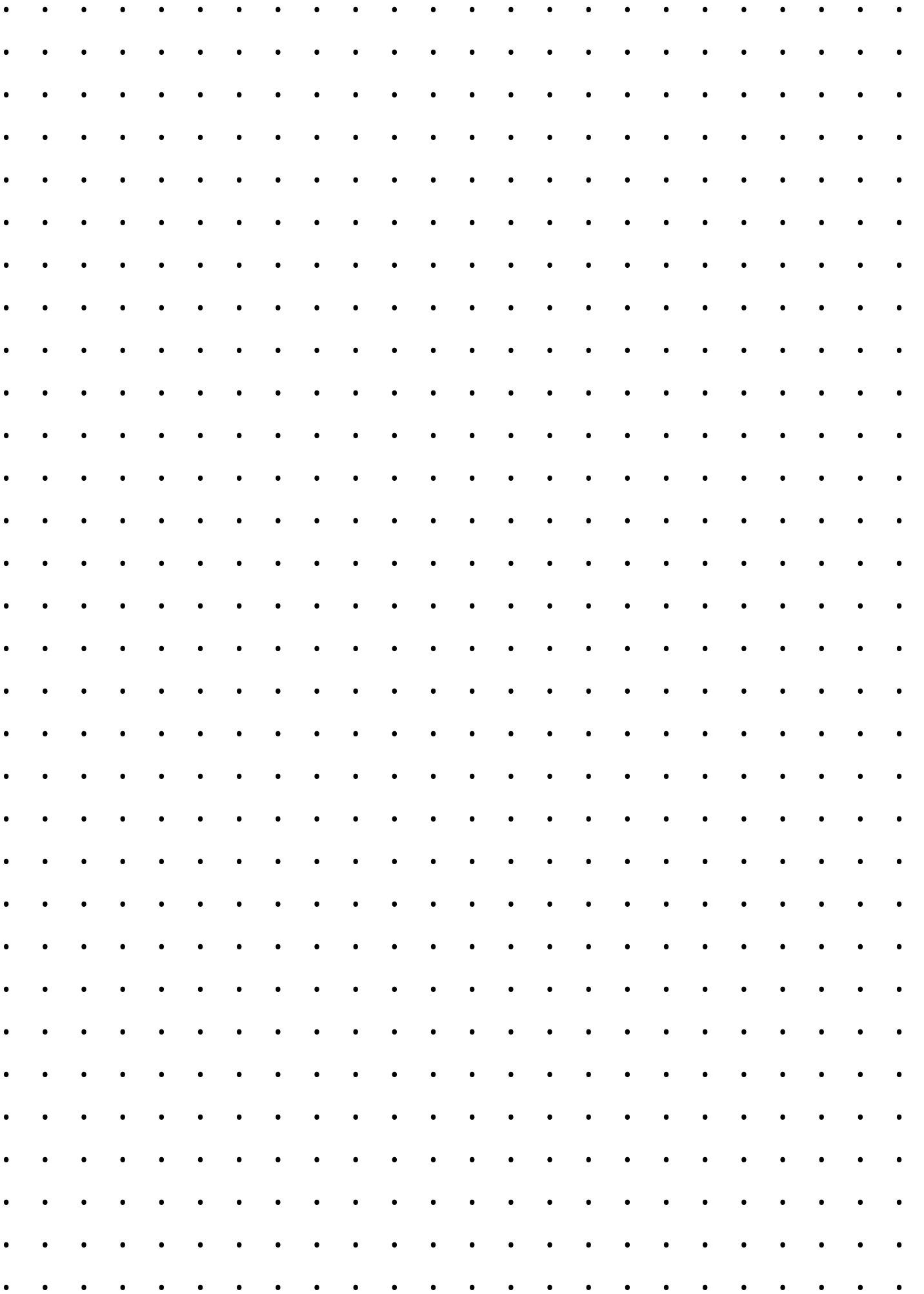
Sunday

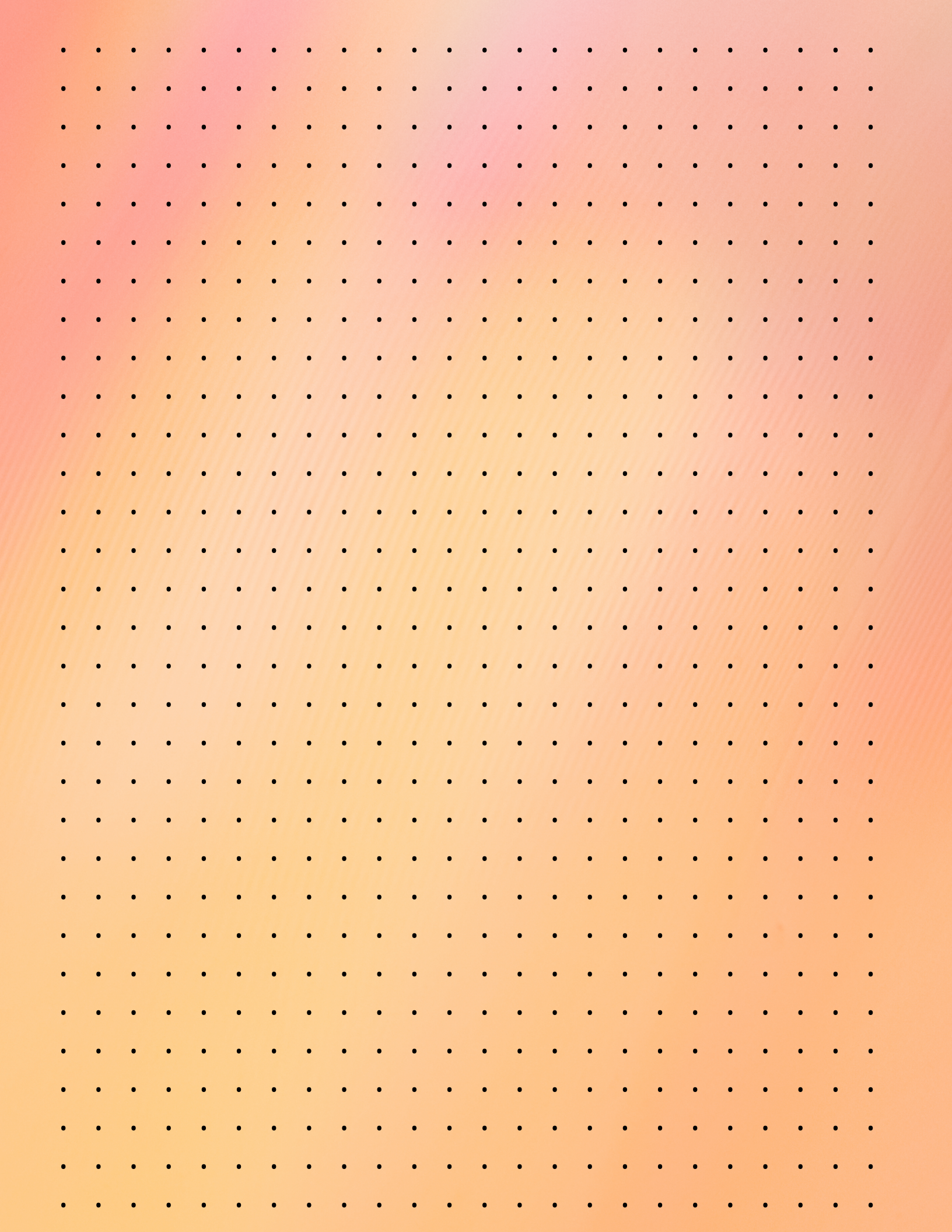












To do List

